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# "Navigating Modern Challenges: The Struggles of Traditional Christian Families"

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### **Abstract**

This article explores the contemporary challenges faced by traditional Christian Orthodox families in an increasingly secular and fast-paced world. As societal norms shift and modern values gain prominence, families rooted in Orthodox traditions encounter difficulties in maintaining their faith and practices. From the influence of technology and social media to the pressures of individualism and cultural diversity, the integrity of family life and religious upbringing is often tested. This study aims to highlight these challenges, examining their impact on family dynamics, spiritual development, and community engagement. By drawing on theological insights and real-life experiences, the article seeks to offer practical guidance for Orthodox families striving to navigate these complexities while remaining faithful to their beliefs and values.

Keywords: Family, church, Christian, tradition

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