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A Comparative Study of The Good Life Between Taoism and Confucianism

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Abstract

The research “A Comparative Study of The Good Life Between Taoism And Confucianism” has two objectives: 1) to study the concept of good life in Taoism and Confucianism, 2) to compare the good life between Taoism and Confucianism. The result of the research shows that the reason why "Tao" is the origin of all things and covers everything including the universe, world, society and life. Therefore, living according to the law of Tao or nature, all living things will live well or have a good life. The core teaching of Taoism are Simplicity, Patience and Compassion. The most important point of Taoism is Self-control which means does not flow with desire which lead to loss of balance of life. The good life in Confucianism can be concluded in two concepted that must be practiced both "Ren" (Love) and "Li" which support each other. "Ren" is a state of mind which consists of love and wishes goodness for others that shown the reflection in the practical practice of the Confucius' five relationships. The comparison of the good life in Taoism and Confucianism, both philosophies promote a good life by having inner peace, have a strong mind able to control oneself. Application of Taoism with Confucianism allow us to live in the middle path which can reduce the stress of living life, have a good mood and good relationship with people in the society.



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It can be concluded that living a life by using Tao's wisdom implemented with the Confucius's five relationship will bring the good life for mankind. The similarity of good life of both Taoism and Confucianism are having peace and happiness which mean a valuable life and also can build strength society, beginning from the family institution to the nation.

Keywords: Taoism, Confucianism, Confucius's five relationships, Good Life, Tao, Ren, Li