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Married to My Purpose: Harnessing Faith, Resilience, and Leadership to Navigate Life and Career

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Abstract

Navigating purpose is both a personal and societal challenge, particularly for women balancing career, family, and self-actualization. This paper explores the concept of being “Married to My Purpose” through a personal narrative intertwined with research-backed strategies for resilience, leadership, and empowerment. Drawing on experiences in military service, marriage, infidelity, and divorce, this work demonstrates how intentional alignment of faith, values, and professional goals fosters sustainable personal and professional growth. Additionally, it offers actionable insights for women seeking to reconcile life’s challenges with purpose-driven living, providing a framework for mentorship, leadership development, and empowerment.

Keywords: Women’s empowerment, gender studies, leadership, resilience, personal transformation, life transitions